

ZACHARY COMMUNITY SCHOOL DISTRICT

SOCIAL & EMOTIONAL LEARNING (SEL)

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. (CASEL)

SOCIAL & EMOTIONAL LEARNING HAS A POSITIVE IMPACT ON ACADEMIC PERFORMANCE, HEALTH RELATIONSHIPS & CITIZENSHIP

- Improves students positive behavior and reduces negative behaviors
- Improve student academic performance and attitudes toward school
- Prepares young people for success in adulthood



SOCIAL & EMOTIONAL LEARNING IN ZACHARY SCHOOLS

- **Positive Behavioral Support**
- **Comprehensive Needs Assessment**
 - Student survey of students in grades 5-12th given opportunity to express needs and concerns.
- **Contact Boxes (Locked Black Boxes)**
- **Crisis Referral & Counseling Resources Posters**
- **Support Staffing**
 - **Social Workers (2 Fulltime & Contracted Service)**
 - **School Psychologist (2 Fulltime)**
 - **Behavior Interventionists (3)**
 - Work with individual students to develop plans to address behavior issues.
 - Work with and provide training to teachers to provide strategies to work with children and classroom management.
 - Work with parents to provide strategies to work with their children.
 - **School Based Certified Counselor**
 - PreK - 8th Grade - 1 assigned per 2 grades
 - High School- 1 per grade
- **Partnerships with External Counseling Sources**