

Zachary Community Schools April 2022 Lunch Menu

04/08/2022	Updated: 3/18/2022			01 - LENT
CMES, NMS, ZHS				Red Beans & Rice Smothered Cabbage Steamed Broccoli Fruit Choices Cornbread Muffins
Breaded Fish Sandwich Tator Tots Cole Slaw Fruit Choices				
04	05	06 - Breakfast for Lunch	07	08 - LENT
Chicken/Sausage Pastalaya Green Beans Smothered Okra & Tomato Fruit Choices Dinner Roll	Chicken Tacos Taco Fixin's Mexican Beans Mexicali Corn Fruit Choices	Pancakes w/Syrup (2) Sausage Patties (2) Hashbrowns Baby Carrots w/Ranch Fruit Choices	Spaghetti w/Meatsauce Tossed Salad w/Dressing Seasoned Greens Fruit Choices Garlic Rolls	Grilled Cheese Sandwich Tator Tots Mixed Veggies Fruit Choices
11	12	13	14	15
Chicken Tenders Mac-A-Roni & Cheese Creamy Cole Slaw Broccoli Cauliflower Blend Fruit Choices	Beefy Nacho w/Cheese Seasoned Black Beans Nacho Fixin's Kernel Corn Fruit Choices	Baked Chicken Roasted Red Potatoes Steamed Broccoli Fruit Choices Dinner Roll	Salisbury Steak Rice & Gravy Carrot Coins Tossed Salad Fruit Choices Dinner Roll	GOOD FRIDAY NO SCHOOL
18	19	20	21	22
EASTER BREAK				
25	26	27	28	29
Grilled Chicken Breast Scalloped Potatoes Kernel Corn Fruit Choices Dinner Roll	Backyard Burgers Burger Fixin's French Fries Baby Carrots w/Ranch Dressing Fruit Choices	Chicken Stew w/Rice Smothered White Beans Green Beans Fruit Choice	Sliced Turkey Mashed Potatoes & Gravy Steamed Spinach Fruit Choices Dinner Roll	Manager's Choice Menu
Students May Select The Following Items: Choice of 1 Entrée Choice of 1 Grain May Choose All Vegetables May Choose up to 2 Fruits Choice of Milk if desired		<ul style="list-style-type: none"> Students MUST choose at least ½ cup fruit or ½ cup vegetable. Students may decline 2 of the 5 food components. Milk is not required. Main entrees such as pizza and sandwiches count as a meat and a bread/grain. 		

*****MENU SUBJECT TO CHANGE*****

*****MILK CHOICE OFFERED DAILY*****

THIS INTSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

***** Due to Supply Chain Disruption menus above may vary. Thank you for your patience! *****