ZACHARY COMMUNITY SCHOOLS

BREAKFAST & LUNCH MENU

AUGUST 8-12, 2022

MON	NO SCHOOL	NO SCHOOL
TUE	Warm Muffins Fruity Yogurt Fresh Fruit Assorted Juice Chilled Milk	Kickin' Chicken Nuggets Cheesy Mac-n-Cheese Creamed Spinach Seasoned Winter Blend Fresh Fruit Ice-Cold Milk or Water
WED	Flaky Croissan'wich Fresh Fruit Assorted Juice Chilled Milk	Cheesy Beef-a-Roni Carrot Coins Fresh Tossed Salad Chilled Fruit Italian Roll Ice-Cold Milk or Water
THUR	Warm Cinnamon Rolls Fresh Fruit Assorted Juice Chilled Milk	Herbed Baked Chicken Roasted Red Potatoes Seasoned Green Beans Fresh Fruit Fluffy Roll Ice-Cold Milk or Water
FRI	Chicken & Waffles Fresh Fruit Assorted Juice Chilled Milk	Classic Corn Dogs Baked French Fries Cucumber & Tomato Salad Fresh Fruit Ice-Cold Milk or Water