

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
AUGUST 18-22, 2025

MON

Fluff-tastic Pancake
on a Stick
Warm Syrup
Fresh Fruit
Assorted Juice
Chilled Milk

Dippin' Chicken Nuggets
Cheesy Mac & Cheese
Growing Green Beans
Crazy Carrot Coins
Fresh Fruit
Ice-Cold Milk or Water

TUE

Egg, Cheese, Turkey
Sausage Bowl
Buttered Biscuit & Jelly
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Beefy Tacos/Salsa
Tossed Taco Salad
Mexicali Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Flaky Warm Croissant
Colby Cheese Omelet
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Backyard Roasted Chicken
Cheesy Broccoli
Busy Baked Beans
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Toasty McCheese Toast
Smooth Golden Grits
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Swirly Spaghetti & Meat Sauce
Popeye's Spinach
Mighty Mixed Veggies
Garlic Butter Roll
Mixed Fruit
Ice-Cold Milk or Water

FRI

Cosmo Crunch Cereal
Fruity Yogurt
Fresh Bananas
Assorted Juice
Chilled Milk

Classic Hamburger
Oven Baked Fries
Lettuce/Tomato/Pickle Cup
Chewy Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water

*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days