



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
JANUARY 16-20, 2023

MON

MLK BREAK - NO SCHOOL

TUE

Ham & Cheese
Eggstravaganza
Buttered Biscuits
Fresh Fruit
Assorted Juice
Chilled Milk

Taco Tuesday!
Spanish Rice
Sweet Corn
Fiesta Salad Cup
Fresh Fruit
Ice-Cold Milk or Water

WED

Fluffy Chicken Biscuit
Fresh Fruit
Assorted Juice
Chilled Milk

Creamy Chicken Pasta
Steamed Broccoli
Tossed Green Salad
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

THUR

Fluffy French Toast Sticks
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Savory Salisbury Steak
Fluffy Rice & Gravy
Lively White Beans
Carrot Coins
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

FRI

Mini Eggo Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Classic Chili Cheese Dogs
Tasty Tater Tots
Bold Baked Beans
Cool Cucumber/Tomato Cup
Fresh Fruit
Ice-Cold Milk or Water