

Zachary Community Schools January Breakfast 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Students <i>MUST</i> select 3-5 of the following Items: Choice of 1-2 Grains * Choice of 1-2 Fruits** Choice of Milk	* may include 1 meat as substitute grain ** 1 juice allowed	Whole Grain Cereal choice offered daily Milk choices offered daily	For a complete breakfast: Students must choose at least ½ cup fruit	
	04	05	06	07
	Waffles Minis Fruit and Juice Milk Choice	Breakfast Pizza Fruit and Juice Milk Choice	Pancakes Fruit and Juice Milk Choice	Glazed Donut Sausage Pattie Fruit and Juice Milk Choice
10	11	12	13	14
Eggstravaganza Toast Fruit and Juice Milk Choice	Breakfast Muffin Yogurt Fruit and Juice Milk Choice	Pancakes Turkey Bacon (2 slices) Fruit and Juice Milk Choice	French Toast Bites Sausage Pattie Fruit and Juice Milk Choice	Oatmeal Toast Fruit and Juice Milk Choice
17	18	19	20	21
Pancake Pups Fruit and Juice Milk Choice	Breakfast Pizza Fruit and Juice Milk Choice	Waffles Hashbrowns Fruit and Juice Milk Choice	Breakfast Sandwich Fruit and Juice Milk Choice	Eggstravaganza Biscuit Stick Fruit and Juice Milk Choice
24	25	26	27	28
Breakfast Texas Toast Fruit and Juice Milk Choice	French Toast Stix Fruit and Juice Milk Choice	Cheese Toast Grits Fruit and Juice Milk Choice	Breakfast Muffin Yogurt Fruit and Juice Milk Choice	Sausage Pattie Fruit and Juice Milk Choice

******* Due to Supply Chain Disruption menus above may vary. Thank you for your patience! *******

*******MENU SUBJECT TO CHANGE*******

*******MILK CHOICE OFFERED DAILY*******

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