



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU

MARCH 27-MARCH 31, 2023

MON

Flakey Biscuits
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Red Beans & Sausage with
Fluffy Rice
Seasoned Greens
Mashed Sweet Potatoes
Cornbread Muffin
Fresh Fruit
Ice-Cold Milk or Water

TUE

Yummy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Grilled Chicken Tacos
Tossed Salad Cup
Fiesta Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Brown Sugar & Cinnamon
Oatmeal
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Chicken
Sandwich
Sweet Potato Tots
Winter Blend Veggies
Canned & Fresh Fruits
Ice-Cold Milk or Water

THUR

Chicken & Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Salisbury Steak
Creamy Mashed Potatoes
Glazed Carrots
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

FRI

Homemade Cinnamon
Rolls
Fresh Fruit
Assorted Juice
Chilled Milk

Grilled Cheese Sandwich
Warm Veggie Soup
Steamed Broccoli
Fresh Fruit
Ice-Cold Milk or Water