

Zachary Community Schools Lunch Menu

MAY 2022

02 Updated: 4/26/22	03	04	05 CINCO-DE-MAYO	06
Sloppy Joe on a Bun Baked Beans Tator Tots Fruit Choices	Grilled Chicken Breast Mashed Sweet Potatoes Mixed Veggies Fruit Choices Dinner Roll	Spaghetti /Meatsauce Tossed Salad Seasoned Spinach Fruit Choices Garlic Bread	Chicken Tacos Taco Fixin's Mexican Rice Mexicali Corn Fruit Choices	Corn Dogs French Fries California Blend Veggies Fruit Choices Dinner Roll
09	10 Brunch for Lunch Day	11	12	13
Chicken/Sausage Pastalaya Green Beans Smothered Okra & Tomato Fruit Choices Dinner Roll	Pancakes/French Toast Sausage Tator Tots Baby Carrots w/Ranch Fruit Choices	Salisbury Steak w/ Rice & Gravy Baby Lima Beans Tossed Salad Fruit Choices Dinner Roll	Breaded Chicken Sandwich Tator Tots Steamed Broccoli Fruit Choices	Pepperoni Pizza Tossed Salad Peas & Carrots Fruit Choices Milk Choices
16	17 Bag Lunch Early Dismiss	18 Bag Lunch Early Dismiss	19 Bag Lunch Early Dismiss	20
Beefy Nacho's Mexican Rice Mexican Beans Mexicali Corn Fruit Choices	Grilled Cheese Sandwich Fresh Broccoli Fruit Choice Milk Choice	Hamburger Fresh Celery Fruit Choice Milk Choice	Hot Dogs Fresh Baby Carrots Fruit Choice Milk Choice	
<p>Students May Select The Following Items:</p> <p>Choice of 1 Entrée</p> <p>Choice of 1 Grain</p> <p>May Choose All Vegetables</p> <p>May Choose up to 2 Fruits</p> <p>Choice of Milk if desired</p>		<ul style="list-style-type: none"> Students <i>MUST</i> choose at least ½ cup fruit or ½ cup vegetable. Students may decline 2 of the 5 food components. Milk is <i>NOT</i> required. Main entrees such as pizza and sandwiches may count as a meat and a bread/grain. 		

*****MENU SUBJECT TO CHANGE*****

MAIN MENU FOR ALL SCHOOLS

*****MILK CHOICE OFFERED DAILY*****

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