

ZACHARY COMMUNITY SCHOOLS

BREAKFAST & LUNCH MENU

NOVEMBER 10-14, 2025

MON

Cosmo Crunch Cereal Fruity Yogurt Fresh Bananas Assorted Juice Chilled Milk

Chicken & Sausage Gumbo Super Smart Sweet Potatoes Winter Blend Veggies Warm Roll Fresh Fruit Ice-Cold Milk or Water

TUE

Stick
Fruity Yogurt
Fresh Bananas
Assorted Juice
Chilled Milk

Turkey Pancake on a

Beefy Tacos/Salsa Fresh Tossed Salad Mexicali Corn Fresh Fruit Ice-Cold Milk or Water

WED

Toasty Buttered Toast Golden Cheese Grits Fresh Sliced Fruit Assorted Juice Chilled Milk Backyard Roasted Chicken Cheesy Bronco Broccoli Busy Baked Beans Honey Butter Roll Fresh Fruit Ice-Cold Milk or Water

THUR

Mighty Mini Pancakes
Warm Syrup
Fresh Berries
Assorted Juice
Chilled Milk

Swirly Spaghetti & Meat Sauce Bold Baby Carrots Popeyes Spinach Garlic Butter Roll Mixed Fruit Ice-Cold Milk or Water

FRI

Cheesy Egg & Turkey Bowl Cinnamon Toast Fresh Sliced Fruit Assorted Juice Chilled Milk Classic Hamburger Oven Baked Fries Lettuce/Tomato/Pickle Cup Growing Green Beans Chewy Chocolate Chip Cookie Fresh Fruit Ice-Cold Milk or Water