

ZACHARY COMMUNITY SCHOOLS / NOVEMBER LUNCH / 2021

01	02	03	04	0501
Mini Corn Dogs/Corn Dogs French Fries California Blend Veggies Fruit Choices Dinner Roll	Sloppy Joe on a Bun Baked Beans Tator Tots Fruit Choices	Breaded Chicken Pattie Mashed Sweet Potatoes Baby Lima Beans Fruit Choices Dinner Roll	Spaghetti /Meatballs or Sauce Tossed Salad Seasoned Spinach Fruit Choices Garlic Bread	Chicken Tenders Mac-A-Roni & Cheese Creamy Cole Slaw Steamed Broccoli Fruit Choices
08	09	10	11 – Thanksgiving Meal	12
Red Beans & Sausage White Rice Smothered Cabbage Broccoli Cauliflower Blend Fruit Choices Cornbread	Chicken Tacos Taco Fixin’s Mexican Beans Mexicali Corn Fruit Choices	Hamburger on a Bun Sandwich Salad Cup French Fries Cole Slaw Fruit Choices Dinner Roll	Roasted Turkey w/Gravy Rice Dressing Sweet Potatoes Green Beans Fruit Choices Dinner Roll Pudding	Pepperoni Pizza Tossed Salad Peas & Carrots Fruit Choices Milk Choices
15	16	17 – Breakfast for Lunch	18	19
Chicken/Sausage Gumbo/Rice Smothered Okra & Tomatoes Potato Salad Fruit Choices Dinner Roll	Beefy Nacho w/Cheese Seasoned Black Beans Nacho Fixin’s Corn Cobbett Fruit Choices	French Toast Eggstravaganza Tator Tots Fruit Choices	Lasagna Tossed Salad w/Dressing Seasoned Greens Fruit Choices Garlic Rolls	Hot Dogs with Chili Sweet Potato Tots Mixed Veggies Fruit Choice
THANKSGIVING BREAK – NO SCHOOL				
29	30			
Mini Corn Dogs/Corn Dogs French Fries California Blend Veggies Fruit Choices Dinner Roll	Sloppy Joe on a Bun Baked Beans Tator Tots Fruit Choices			
Students May Select The Following Items: Choice of 1 Entrée Choice of 1 Grain May Choose All Vegetables May Choose up to 2 Fruits Choice of Milk if desired		<ul style="list-style-type: none"> Students <u>MUST</u> choose at least ½ cup fruit or ½ cup vegetable. Students may decline 2 of the 5 food components. Milk is not required. Main entrees such as pizza and sandwiches count as a meat and a bread/grain. 		

*****MENU SUBJECT TO CHANGE*****

*****MILK CHOICE OFFERED DAILY*****

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