

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
OCTOBER 06-10, 2025

MON

Turkey Sausage, Egg, &
Cheese Bagel
Fresh Fruit
Assorted Juice
Chilled Milk

Louisiana Red Beans & Rice
Totally Turnip Greens
Super Smart Sweet Potatoes
Buttered Roll
Fresh Fruit
Ice-Cold Milk or Water

TUE

Cinnamon Swirl Oatmeal
Savory Turkey Sausage
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Beefy Nachos/Salsa
Tossed Taco Salad
Mexicali Corn
Fiesta Beans
Fresh Fruit
Ice-Cold Milk or Water

WED

Maple French Toast
Warm Syrup
Fresh Berries
Assorted Juice
Chilled Milk

Savory Salisbury Steak with
Rice and Gravy
Cool Cucumbers
Perfect Peas & Carrots
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Egg & Cheese Stuffed
Sandwich
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Rippin' Pepperoni Rippers
Crazy Carrot Coins
Fresh Tossed Salad
Mixed Fruit
Ice-Cold Milk or Water

FRI

Homemade Cinnamon Rolls
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Classic Corn Dogs
Oven Baked Fries
Fresh Broccoli & Ranch
Chewy Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water

THIS IS AN EQUAL OPPORTUNITY INSTITUTION