

ZACHARY COMMUNITY SCHOOLS

BREAKFAST & LUNCH MENU

OCTOBER 20-24, 2025

MON

Breakfast Chicken Biscuit Fresh Sliced Fruit Assorted Juice Chilled Milk Cheesy Beef-a-Roni Mighty Mixed Veggies Totally Turnip Greens Warm Roll Fresh Fruit Ice-Cold Milk or Water

TUE

Tiny Stack Pancakes Warm Syrup Fresh Sliced Fruit Assorted Juice Chilled Milk Grilled Chicken Fajitas Tossed Taco Salad Mexicali Corn Fresh Fruit Ice-Cold Milk or Water

WED

Flaky Warm Biscuit Turkey Sausage Patty Cool Fresh Fruit Assorted Juice Chilled Milk Savory Salisbury Steak with Rice and Gravy Super Smart Sweet Potatoes Perfect Peas & Carrots Honey Butter Roll Fresh Fruit Ice-Cold Milk or Water

THUR

Mini Maple Waffles Warm Syrup Fresh Bananas Assorted Juice Chilled Milk Oven Fried Chicken
Mighty Mashed Potatoes
Bronco Broccoli
Captain Carrot Sticks
Garlic Butter Roll
Mixed Fruit
Ice-Cold Milk or Water

FRI

Brave Breakfast Pizza Chilled Fruit Assorted Juice Chilled Milk Totally Turkey/Cheese Croissant Oven Baked Fries Cool Cucumbers & Ranch Chewy Chocolate Chip Cookie Fresh Fruit Ice-Cold Milk or Water