



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 15-19, 2025

MON



TUE

Cosmo Crunch Cereal
Fruity Yogurt
Fresh Bananas
Assorted Juice
Chilled Milk

Beefy Tacos/Salsa
Popeyes Spinach
Mexicali Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Flaky Warm Croissant
Colby Cheese Omelet
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Backyard Roasted Chicken
Cheesy Bronco Broccoli
Busy Baked Beans
Super Smart Sweet Potatoes
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Toasty Buttered Toast
Golden Cheese Grits
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Swirly Spaghetti & Meat Sauce
Freshly Tossed Salad
Crazy Carrot Coins
Garlic Butter Roll
Mixed Fruit
Ice-Cold Milk or Water

FRI

Cheesy Egg & Turkey Bowl
Buttered Biscuit & Jelly
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Classic Hamburger
Oven Baked Fries
Lettuce/Tomato/Pickle Cup
Chewy Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water