

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 28-OCTOBER 02, 2026

MON

Fluffy French Toast
Warm Syrup
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Louisiana Red Beans & Rice
Super Smart Sweet Potatoes
Totally Turnip Greens
Mega Muffin Cornbread
Fresh Fruit
Ice-Cold Milk or Water

TUE

Colby Jack Cheese Omelet
Buttered Biscuit & Jelly
Fresh Berries
Assorted Juice
Chilled Milk

Sizzlin' Chicken Fajitas
Mexicali Corn
Totally Taco Salad
Mexicali Black Beans
Mixed Fruit
Ice-Cold Milk or Water

WED

Warm Cheese Toast
Savory Turkey Sausage
Buttered Biscuit & Jelly
Fresh Berries
Assorted Juice
Chilled Milk

Cheesy Hamburger Mac
Cool Crunch Cucumbers
Power Packed Garden Medley
Soft Roll
Mixed Fruit
Ice-Cold Milk or Water

THUR

Warm Chicken
Croissan'Wich & Jelly
Cool Fresh Fruit
Assorted Juice
Chilled Milk

Personal Pan Pizza
Vibrant Mixed Veggies
Garden Fresh Broccoli/Tomatoes
Fresh Fruit
Ice-Cold Milk or Water

FRI

Cosmic Cereal
Cool Fruity Yogurt
Sliced Fresh Fruit
Assorted Juice
Chilled Milk

Crunchy Chicken Sandwich
Super Crisp Fries
Fresh Cali Veggies
Lettuce/Tomato/Pickle Cup
Assorted Fresh Fruit
Ice-Cold Milk or Water

THIS IS AN EQUAL OPPORTUNITY INSTITUTION