

\*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS  
**BREAKFAST & LUNCH MENU**  
SEPTEMBER 08-12, 2025

**MON**

Turkey/Egg/Cheese Bagel  
Chilled Fruit  
Assorted Juice  
Chilled Milk

Homestyle Red Beans & Rice  
Totally Turnip Greens  
Super Smart Sweet Potatoes  
Buttered Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**TUE**

Cinnamon Swirl Oatmeal  
Savory Turkey Sausage  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Beefy Nachos/Salsa  
Tossed Taco Salad  
Mexicali Corn  
Fun Fiesta Beans  
Fresh Fruit  
Ice-Cold Milk or Water

**WED**

Maple French Toast  
Warm Syrup  
Fresh Berries  
Assorted Juice  
Chilled Milk

Savory Salisbury Steak with  
Rice and Gravy  
Cool Cucumbers  
Warm Winter Blend Veggies  
Honey Butter Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**THUR**

Turkey, Egg & Cheese  
Stuffed Hot Pocket  
Cool Fresh Fruit  
Assorted Juice  
Chilled Milk

Rippin' Pepperoni Rippers  
Crazy Carrot Coins  
Freshly Tossed Salad  
Mixed Fruit  
Ice-Cold Milk or Water

**FRI**

Homemade Cinnamon Rolls  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Classic Corn Dogs  
Oven Baked Fries  
Bronco Broccoli & Ranch  
Chewy Chocolate Chip Cookie  
Fresh Fruit  
Ice-Cold Milk or Water

THIS IS AN EQUAL OPPORTUNITY INSTITUTION