

02	03	04	05	06
LABOR DAY  NO SCHOOL	Taco Maxx Snaxx Fresh Veggie Cup w/Dress Whole Kernel Corn Salsa Cup Fruit Choices	Cheeseburger French Fries Lettuce/Tom/Pickle Cup Tomato/Cucumber Salad Fruit Choices	Spaghetti w/Meatballs/Sauce Tossed Salad w/Dress Steamed Broccoli Fruit Choices Garlic Toast	Chicken Nuggets Mac-n-Cheese California Blend Lima Beans Fruit Choices
09	10	11	12	13
Red Beans & Sausage White Rice Smothered Cabbage Sweet Potatoes Fruit Choices Cornbread	Chicken Tacos Refried Beans Whole Kernel Corn Taco Salad Cup Salsa Cup Fruit Choices	Corn Dogs Potato Tots/Fries Peas & Carrots Fruit Choices	Baked Chicken Roasted Red Potatoes Steamed Spinach Fruit Choices Hot Wheat Roll	Pepperoni Pizza Tossed Salad Cucumber Tomato Cup Fruit Choices Jell-O
16	17	18	19	20
Chicken Alfredo Broccoli Florets Smothered Okra & Tomatoes Fruit Choices Hot Wheat Roll	Beef & Cheese Burritos Salsa Cup Mexican Beans Corn on the Cob Fruit Choices	Salisbury Steak Mashed Potatoes & Gravy Carrot/Celery Cup Asian Blend Veggies Fruit Choices Hot Wheat Roll	Lasagna Tossed Salad w/Dressing Carrot Coins Fruit Choices Garlic Toast	Chicken Tenders Cheesy Spaghetti Tossed Salad Seasoned Greens Frozen Fruit Cup Fruit Choices
23	24	25	26	27
Beef & Bean Chili w/Cheese Cup Mixed Veggies Sweet Potatoes Fruit Choices Crackers	Beefy Nacho w/Cheese Refried Beans Salsa Cup Lettuce/Tomato Cup Corn Cobbett Fruit Choices	Meatloaf Mashed Potatoes California Blend Veggies Fruit Choices Hot Wheat Roll	BBQ Chicken Baked Beans Steamed Spinach Fruit Choices Hot Wheat Roll	Pepperoni or Cheese Pizza Marinara Sauce Mixed Vegetables Tossed Salad w/Dress Fruit Choices
30				
Hot Dogs with Chili Sweet Potato Tots/Fries Broccoli Fruit Choices				

Students May Select The Following Items:

- Choice of 1 Entrée
- Choice of 1 Grain
- May Choose All Vegetables
- May Choose up to 2 Fruits
- Choice of Milk if desired

- Students **MUST** choose at least **½ cup fruit or ½ cup vegetable.**
- Students may decline 2 of the 5 food components. Milk is not required. Main entrees such as pizza and sandwiches count as a meat and a bread/grain.