



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
DECEMBER 12-16, 2022

MON

Apple Cinnamon
Texas Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Louisiana Jambalaya
Smothered Okra
Carrot/Celery Cup
Fresh Fruit
Ice-Cold Milk or Water

TUE

Country Breakfast with
Cheese Grits & Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Beefy Nachos
Fiesta Fixin's
Ranchero Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Mini Eggo Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Homemade Meatloaf
Creamy Mashed Potatoes
Power-Up Carrot Coins
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

THUR

Southwestern-Style
Breakfast Burrito
Crispy Hashbrowns
Fresh Fruit
Assorted Juice
Chilled Milk

Spiraly Spaghetti
Seasoned Mixed Veggies
Mighty Broccoli
Fresh Fruit
Garlic Toast
Ice-Cold Milk or Water

FRI

Z-Griddle Pancake
Sausage Sandwich
Fresh Fruit
Assorted Juice
Chilled Milk

Classic Chili Cheese Dogs
Tasty Tater Tots
Bold Baked Beans
Fresh Fruit
Ice-Cold Milk or Water