



COVID-19 STOP THE SPREAD



The Zachary Community School District is committed to the safety and health of our students and staff. We are working extremely hard to keep our schools open through this COVID surge. Each of us needs to do our part to lessen exposure. We strongly recommend that you monitor for symptoms daily. If you or anyone in your household has tested positive for COVID, has COVID-like symptoms, or has been exposed, please remain home & notify your school using this [link](#). Anyone who attends school with symptoms increases the possibility of spread throughout classrooms and may result in even more quarantined students and staff.

Staff members who are experiencing symptoms, have tested positive, or have been exposed, are to contact your supervisor directly.

The following information should answer many of your questions pertaining to symptoms, testing, contact tracing, quarantining, and reporting.

We appreciate your effort and assistance.

SYMPTOMS...

Include but are not limited to: fever, shortness of breath, chest pain, cough, body aches, fatigue, GI symptoms (nausea, diarrhea), loss of taste and/or smell, other flu like symptoms such as headache, sore throat, and congestion.

MCS Lab Public Testing

Zachary Youth Park

10:00 a.m. – 6:00 p.m.

To schedule a COVID test,

[click here](#) and

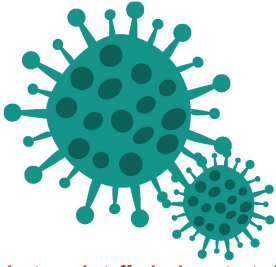
select MCS Lab Public Testing

Other Testing

Locations:

[Click here](#)





WHAT IF I TEST POSITIVE?

Students and staff who have tested positive for COVID-19 regardless of vaccination status:

- Stay home for five (5) days.
- If you have no symptoms or your symptoms are resolving after five (5) days, you can return to school.
 - If you continue to have a fever or your other symptoms have not improved after five (5) days, stay in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- Continue to wear a mask around others for five (5) additional days.
 - If you cannot mask, you are to isolate for a full ten (10) days. (This includes students in programs with a nap component.)
 - ZELC students must isolate for a full ten (10) days.



CONTACT TRACING

Close contact is defined as:

- being within six (6) feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period OR
- having direct contact with an infected person, including touching, hugging, kissing, and/or sharing eating or drinking utensils; or if an infected person sneezed, coughed, or somehow got respiratory droplets on another person.

We strongly recommend the wearing of a mask.

- **Indoor Classroom Exception:**
 - If BOTH the case and the close contact were engaged in the consistent and correct use of a well-fitting face mask AND were three (3) feet or more from each other, then those close contacts DO NOT need to quarantine. They should continue to mask while indoors until at least day ten (10) post-exposure.
 - This exception does not apply to teachers, staff, or other adults.
- K-12 Sports Team Contact Tracing can be found [here](#).



NOTIFICATION/REPORTING

The Student Reporting Form can be found [here](#).

Please use this form to report if your child:

- has tested positive for COVID-19,
- has been in close contact with a COVID-positive individual or
- is experiencing COVID-like symptoms

Do not come to school.

Your absence will be excused and you will be contacted by a ZCSD employee.



Employee Reporting/Notification Forms can be found [here](#).

EXPOSED? Quarantine



Anyone unable to mask is to quarantine for 10 days.



Students who have completed the primary series of an mRNA vaccine:

- Do not need to quarantine.
- May return to school & are required to mask for ten (10) days.
- Recommendation: Test on day five (5).



Students who are unvaccinated:

- Stay home for five (5) days.
- May return to school on day six (6) & are required to wear a mask through day ten (10).
- Recommendation: Test on day five (5).



Staff who have completed the primary series of Pfizer or Moderna vaccine within the last five (5) months, OR have completed the primary series of J&J vaccine within the last two (2) months, OR have been boosted:

- Do not need to quarantine.
- May return to school & are required to mask for ten (10) days.
- Recommendation: Test on day five (5).



Staff who are unvaccinated, OR have completed the primary series of Pfizer or Moderna vaccine over five (5) months ago and are not boosted, OR completed the primary series of J&J over two (2) months ago and are not boosted:

- Stay home for five (5) days.
- May return to school & are required to mask for five (5) additional days.
- Recommendation: Test on day five (5).



Anyone who tested positive for COVID-19 within 90 days from their close contact with a confirmed case (with proof):

- Do not need to quarantine.
- May return to school & are required to mask for ten (10) days.



ZELC students

Under LDH guidelines, ZELC students identified as close contacts should quarantine for a full ten (10) days due to the nap component of the program.

Any close contact who develops symptoms should seek testing immediately.