

ZHS Jan. Breakfast

MON

Tue

Wea

Thu

Fri

Happy New Year

4 Cheese Grits
eggs
Biscuits
Cereal
Fruit Choice
Juice

5 Blueberry Mini Pancakes
Bacon
Cereal
Fruit Choice
Juice
Milk Choice

8 Grits
Biscuits
Sausage
Cereal
Fruit Choice
Juice
Milk Choice

9 Eggstravaganza
Hash browns
Cereal
Yogurt
Fruit Choice
Juice
Milk Choice

10 Grits
Biscuits
Sausage
Cereal
Fruit Choice
Juice
Milk Choice

11 Pancake Pup
Cereal
Fruit Choice
Juice
Milk Choice

12 Cinnamon rolls
Bacon
Cereal
Fruit Choice
Juice
Milk choice

15
No School

16 Pancakes
Hash browns
Cereal
Fruit Choice
Juice
Milk Choice

17 Grits
Omelet
Biscuits
Cereal
Fruit Choice
Juice
Milk Choice

18 French Toast
Sausage
Cereal
Yogurt
Fruit Choice
Juice
Milk Choice

19 Honey buns
Bacon
Cereal
Fruit Choice
Juice
Milk choice

22 Grits
Bacon
Biscuits
Cereal
Fruit Choice
Juice
Milk Choice

23 Muffins
Hash browns
Cereal
Yogurt
Fruit Choice
Juice
Milk Choice

24 Oatmeal
Eggstravanza
Toast
Cereal
Fruit Choice
Juice
Milk choice

25 Waffles
Sausage
Cereal
Fruit Choice
Juice
Milk Choice

26 Cheese Grits
Eggs
Biscuits
Cereal
Fruit Choice
Juice
Milk Choice

29 Cheese Grits
Eggstravaganza
Biscuits
Cereal
Fruit Choice
Juice
Milk Choice

30 Pancakes
Hash browns
Cereal
Fruit Choice
Juice
Milk Choice

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