

# ZHS Feb 2018 Lunch

MON

Tue

Wed

Thu

Fri

	Menu subject to change	THIS INTSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	1 Beefy Nachos Refried Beans Corn Lettuce and Tomato Cup Fruit choice Milk choice Salsa, Jalapenos, and Sour Cream	2 Gumbo Rice Potato Salad Seasoned Greens Fruit Choice Crackers Milk choice
5 Salisbury Steaks and Gravy Mashed Potatoes Carrot Coins Tossed Salad Fruit Choice Rolls Milk Choice	6 Lasagna Broccoli Tossed Salad Fruit Choice Garlic Rolls Milk Choice	7 Chicken and Brw Gravy Rice Sweet Potatoes Tossed Salad Fruit Choice Rolls Milk Choice	8 Baked Chicken Loaded Mashed Potatoes Peas Tossed Salad Fruit Choice Roll Milk Choice	9 Pastalaya White Beans Cabbage Tossed Salad Fruit Choice Cornbread Milk Choice
<p>12</p> <h1>Mardi Gras Holidays</h1> <p>13</p>				
19 Chicken Tenders Mac and Cheese Sweet Potatoes Broccoli Fruit Choice Rolls Milk Choice	20 Red Beans and Sausage Rice Seasoned Green Beans Tossed Salad Fruit Choice Cornbread Milk Choice	21 Chicken Fajitas Spanish Rice Refried Beans Tossed Salad Lettuce and Tomato Cup Fruit Choice Milk Choice	22 Meatloaf Mashed Potatoes Peas Tossed Salad Fruit Choice Rolls Milk Choice	23 Shrimp and Corn Soup Roll Tossed Salad Fruit Choice Milk Choice
26 BBQ Sandwich on Bun Carrot Coins Tossed Salad Fruit Choice Milk Choice	27 Ground Beef Spaghetti Spinach Tossed Salad Fruit Choice Rolls Milk Choice	28 Chicken Fetti/Pasta Corn Tossed Salad Fruit Choice Rolls Milk Choice		