

# ZHS Lunch Nov. 2017

Mon

Tue

Wed

Thu

Fri

Menu subject to change	THIS INTSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	1 Grits Omelet Biscuits Cereal Fruit Choice Juice Milk Choice	2 French Toast Sausage Cereal Yogurt Fruit Choice Juice Milk Choice	3 Honey buns Bacon Cereal Fruit Choice Juice Milk choice
6 Grits Biscuits Sausage Cereal Fruit Choice Juice Milk Choice	7 Waffles Bacon Cereal Fruit Choice Juice Milk Choice	8 Oatmeal Eggstravaganza Toast Cereal Fruit Choice Juice Milk choice	9 Breakfast Pizza Hash browns Cereal Yogurt Fruit Choice Juice Milk choice	10 Cheese Grits Eggs Biscuits Cereal Fruit Choice Juice Milk Choice
13 Cheese Grits Eggstravanza Biscuits Cereal Fruit Choice Juice Milk Choice	14 Breakfast Sliders Hash browns Cereal Yogurt Fruit Choice Juice Milk Choice	15 Grits Biscuits Sausage Cereal Fruit Choice Juice Milk Choice	16 Pancake Pup Cereal Fruit Choice Juice Milk Choice	17 Cinnamon rolls Bacon Cereal Fruit Choice Juice Milk choice
20	21	22	23	24
<b>Thanksgiving Break</b>				
27 Grits Bacon Biscuits Cereal Fruit Choice Juice Milk Choice	28 Muffins Hash browns Cereal Yogurt Fruit Choice Juice Milk Choice	29 Oatmeal Eggstravaganza Toast Cereal Fruit Choice Juice Milk choice	30 Waffles Sausage Cereal Fruit Choice Juice Milk Choice	