

ZHS August 2017

Mon

Tue

Wed

Thu

Fri

		9 Cheese Grits eggs Biscuits Cereal Fruit Choice Juice Milk Choice	10 Eggstravaganza Hash browns Cereal Yogurt Fruit Choice Juice Milk Choice	11 Breakfast Pizza Cereal Fruit Choice Juice Milk choice
14 Grits Bacon Biscuits Cereal Fruit Choice Juice Milk Choice	15 Muffins Hash browns Cereal Yogurt Fruit Choice Juice Milk Choice	16 Oatmeal Eggstravaganza Toast Cereal Fruit Choice Juice Milk choice	17 Waffles Sausage Cereal Fruit Choice Juice Milk Choice	18 Cheese Grits Eggs Biscuits Cereal Fruit Choice Juice Milk Choice
21 Cheese Grits Eggstravaganza Biscuits Cereal Fruit Choice Juice Milk Choice	22 Pancakes Hash browns Cereal Fruit Choice Juice Milk Choice	23 Grits Omelet Biscuits Cereal Fruit Choice Juice Milk Choice	24 Grits Omelet Biscuits Cereal Fruit Choice Juice Milk Choice	25 Honey buns Bacon Cereal Fruit Choice Juice Milk choice
28 Grits Biscuits Sausage Cereal Fruit Choice Juice Milk Choice	29 Waffles Bacon Cereal Fruit Choice Juice Milk Choice	30 Oatmeal Eggstravaganza Toast Cereal Fruit Choice Juice Milk choice	31 Breakfast Pizza Hash browns Cereal Yogurt Fruit Choice Juice Milk choice	