

# MENTAL HEALTH RESOURCES

2025-2026

<b>Zachary Area</b>		
<b>Restore Counseling, LLC</b> (Myeisha Beard, LPC-S, NCC, LMHP, CAMS-II, CCTP) 4511 W. Central Ave, Zachary, LA 70791	225.305.8886	Counseling individuals, couples, and families Ages 4 and up
<b>CareSouth</b> 4852 Highway 19 Ste A, Zachary, LA 70791	225.654.7000	Sliding fee scale, pharmacy in office, medical, dental, mental health
<b>Southeast Community Health Systems</b> 6351 Main St., Zachary, LA 70791	225.306.2000	Medical, dental, behavioral health, transportation to facility, WIC office
<b>Rooted Counseling and Consultation, LLC</b> email:rootedcounselingandconsultation.com website:rootedcecllc2022@gmail.com	225.301.2674	Individuals, couples, and families
<b>Slaughter/Clinton Area</b>		
<b>RKM Primary</b> 3166 Church St., Slaughter, LA 70777	225.683.1370	Counseling individuals, couples, and family, as well as dental and medical
<b>Feliciania Area</b>		
<b>Magnolia Wellness</b> 7197 US Highway 61, Saint Francisville, LA 70775	225.245.5040	Counseling individuals, couples, and family
<b>Baker Area</b>		
<b>Michael Gaines Counseling</b> 518 Chaleur Dr, Baker, LA 70714	225.283.0066	Counseling individual, couples, and family Sliding Scale
<b>Baton Rouge Area</b>		
<b>Capital Area Human Services</b> 2751 Wooddale Blvd. Ste A, Baton Rouge, LA 70805	225.925.1906	Outpatient treatment for mental health and substance abuse
<b>Children's Behavioral Health</b> 422 Colonial Drive, Baton Rouge, LA 70806	225.922.0445	Counseling for children only
<b>Family Services of Greater Baton Rouge</b> 4727 Revere Ave, Baton Rouge, LA 70808	225.927.8665	Counseling, Parenting center, HIV Coordination, Domestic Violence
<b>FINS- Families in Need of Services</b> 8333 Veterans Memorial Boulevard, Baton Rouge, LA 70807	225.356.4471	Helping troubled youth and their families to remedy self-destructive family behavior or pre-delinquent juvenile behaviors
<b>Goodwood Counseling</b> 7620 Goodwood Blvd, Baton Rouge, LA 70806	225.227.2588	Counseling children, adolescents, adults and family
<b>Graves LLC - Care Center Behavioral Health</b> 3888 S. Sherwood Forest Blvd, Bld 2 Suite F, Baton Rouge, LA 70816	225.771.8251	Counseling/ Behavioral Health children & adults (ages 5-20) Medicaid, Private Insurances, Sliding Scale Payment
<b>Jamie Clark, LCSW-BACs</b> 8755 Sullivan Rd. BLDG 3 Ste. A, Baton Rouge, LA 70818	225.413.3922	Individual, couples, and family counseling; ADHD, anxiety, depression, coping skills, anger management; grief and relationship concerns

<b>Louisiana National Guard Youth Challenge Program - Gillis W. Long Center</b>	800.226.7543	Alternative educational program which offers adolescents an opportunity to change their future, to learn self-discipline, leadership, and responsibility while working to obtain a high school equivalency diploma. Must be 16 y/o and willing to attend program
<b>Louisiana Outreach Services</b> 8211 Summa Ave Ste. F, Baton Rouge, LA 70809	225.761.1970	Mental Health and Substance Abuse rehab for children and adults.
<b>LSU Psychological Services Center</b> Johnston Hall (Louisiana State University)	225.578.1494	Testing, Counseling/ Behavioral Health Children; Pending waitlist
<b>North Baton Rouge Behavioral Health</b> 7855 Howell Blvd. Ste. 200, Baton Rouge, LA 70807	225.359.9315	Mental Health counseling, medication management; Children and Adults; Medicare and Medicaid
<b>New Horizons Behavioral Health Center</b> 12628 Hooper Road Ste. C, Baton Rouge, LA 70818	225.953.8170	Counseling/ Behavioral Health individual and family; Medicaid and Private Insurances
<b>Peak Behavioral Health</b> 9800 Airline Highway St 410, Baton Rouge, LA 70816	225.368.7502	Mental Health and Behavioral Health for children and adults, medication management, wraparound referrals (ILSB & Respite), in-home, in-office, and telehealth Licensed clinician, family sessions Medicaid (LHC not accepted; but clinician can service through private practice); Medicaid and Private Insurances
<b>Romano and Associates</b> 10211 Siegen Lane Ste 2A, Baton Rouge, LA 70810	225.769.2533	Evaluation and Treatment of Mental Health Issues for Families, Individuals, Groups and Couples, ages 5 and up
<b>STAR Sexual Trauma Awareness &amp; Response</b> 5615 Corporate Blvd. Ste 200, Baton Rouge, LA 70808	225.615.7093	Free and confidential advocacy, counseling, and legal services to survivors of sexual trauma
<b>Woman's New Life Center</b> 761 Colonial Dr, Baton Rouge, LA 70806	225.663.6470	FREE pregnancy test, limited ultrasound, professional counseling
<b><u>Psychologists/Psychiatrists</u></b>		
<b>Eclectic Cognitive Behavioral Center</b> (Jacqueline Mims, EdD, PhD) 1733 Wooddale Blvd, Baton Rouge, LA 70806	225.924.2800	Diagnostic assessments; group, individual, and marriage counseling; accepts most insurances.
<b>Charles Frey, PhD</b> 7414 Perkins Road Ste 130, Baton Rouge, LA 70808	225.963.0709	Educational testing (gifted and ADHD), behavioral assessments, health psychology