



ZACHARY COMMUNITY SCHOOLS BREAKFAST & LUNCH MENU

APRIL 17-21, 2023

MON

Apple Cinnamon
Texas Toast
Tasty Turkey Bacon
Fresh Fruit
Assorted Juice
Chilled Milk

Red Beans & Sausage with
Fluffy Rice
Seasoned Mustard Greens
Mashed Sweet Potatoes
Warm Cornbread Muffin
Fresh Fruit
Ice-Cold Milk or Water

TUE

Homemade Cheese
Grits & Buttered Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Beefy Nachos
Fiesta Fixin's
Ranchero Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Warm Muffins
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Chicken
Sandwich
Seasoned Baked Fries
Sandwich Salad Cup
Fresh Fruit
Ice-Cold Milk or Water

THUR

Fluffy French Toast Sticks
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Spirally Spaghetti
Seasoned Mixed Veggies
Crunchy Carrots/Broccoli
Fresh Fruit
Garlic Knots
Ice-Cold Milk or Water

FRI

Z-Griddle Pancake
Sausage Sandwich
Fresh Fruit
Assorted Juice
Chilled Milk

Pepperoni Pizza w/ Marinara
Power-Up Peas & Carrots
Cool Cucumbers/Tomatoes
Frozen Fruit Dessert
Ice-Cold Milk or Water