

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS BREAKFAST & LUNCH MENU

AUGUST 26-30, 2024

MON

Fruity Berry Muffin
Fresh Fruit
Assorted Juice
Chilled Milk

Salisbury Steak with
Rice & Gravy
Super Hero Sweet Potatoes
Lively Lima Beans
Fresh Fruit
Warm Roll
Ice-Cold Milk or Water

TUE

Fluffy Pancakes
Warm Syrup
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Chicken Tacos & Salsa
Tossed Salad Cup
Texas Ranchero Beans
Fresh Fruit
Ice-Cold Milk or Water

WED

Cheesy Grits
Savory Turkey Sausage
Cool Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Winter Blend Veggies
Fiesta Corn
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Mini Maple Waffles
Warm Syrup
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Southern "Fried" Chicken
Silly Steamed Broccoli
Glazed Carrots
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

FRI

Buttered Toast & Jelly
Scrambled Eggs
Fresh Fruit
Assorted Juice
Chilled Milk

Chili Cheese Dogs
Baked Tots
Crunchy Celery/Carrot Cup
Fresh Fruit
Ice-Cold Milk or Water

*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days