



ZACHARY COMMUNITY SCHOOLS  
**BREAKFAST & LUNCH MENU**  
AUGUST 28-SEPTEMBER 1, 2023

**MON**

Mini Pancake Bites  
Fruity Yogurt  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Homemade Meatloaf  
Garlic Mashed Potatoes  
Sweet Peas  
Fluffy Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**TUE**

Cheesy Eggstravaganza  
Warm Biscuit  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Ranchero Mexican Pizza  
Chilled Tossed Salad  
Fiesta Corn  
Fresh Fruit  
Ice-Cold Milk or Water

**WED**

Cheese Grits  
Buttered Toast with Jelly  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Backyard BBQ Chicken  
Broccoli & Cheese Rice  
Glazed Carrot Coins  
Fluffy Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**THUR**

Homemade Cinnamon Rolls  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Spirally Spaghetti  
Mixed Veggies  
Cool Cucumbers & Ranch  
Garlic Knots  
Fresh Fruit  
Ice-Cold Milk or Water

**FRI**

Breakfast Croissan'wich  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Crispy Chicken Sandwich  
Oven Baked Fries  
Cali Blend Veggies  
Chilled Lettuce Cup  
Fresh Fruit  
Ice-Cold Milk or Water

\*All menus are subject to change