



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU

JANUARY 8-12, 2024

MON

Mini French Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Chicken & Sausage Jambalaya
Seasoned Mixed Veggies
Super Hero Sweet Potatoes
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

TUE

Breakfast Chicken Biscuit
Fresh Fruit
Assorted Juice
Chilled Milk

Macho Nachos & Salsa
Tossed Lettuce Cup
Mexicali Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Silly Scrambled Eggs
Buttered Toast & Jelly
Fresh Fruit
Assorted Juice
Chilled Milk

Backyard BBQ Chicken
Cheesy Broccoli
Busy Baked Beans
Honey Butter Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Warm Muffin
Fruity Yogurt
Fresh Fruit
Assorted Juice
Chilled Milk

Swirly Spaghetti
Seasoned Green Beans
Cali Blend Veggies
Garlic Knots
Fresh Fruit
Ice-Cold Milk or Water

FRI

Fluffy Pancakes & Syrup
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Chicken Sandwich
Oven Baked Tots
Crunchy Carrots/Ranch
Fresh Fruit
Ice-Cold Milk or Water

*All menus are subject to change