



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
MARCH 20-MARCH 24, 2023

MON

Maple French Toast Sticks
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Winter Blend Veggies
Delicious Green Beans
Chilled Fruit
Fluffy Roll
Ice-Cold Milk or Water

TUE

Pancake Pups
Fresh Fruit
Assorted Juice
Chilled Milk

Mexican Pizza
Zesty Salsa
Cali Blend Veggies
Tossed Green Salad
Fresh Fruit
Ice-Cold Milk or Water

WED

Homemade Cinnamon
Rolls
Fresh Fruit
Assorted Juice
Chilled Milk

Kickin' Chicken Nuggets
Cheesy Mac-n-Cheese
Cool Cucumbers/Tomatoes
Power-Up Peas & Carrots
Fresh Fruit
Ice-Cold Milk or Water

THUR

Cheesy Omelet
Fluffy Biscuit Sticks
Fresh Fruit
Assorted Juice
Chilled Milk

Homemade Meatloaf
Creamy Mashed Potatoes
Delicious Green Beans
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

FRI

Warm Muffins
Fruity Yogurt
Fresh Fruit
Assorted Juice
Chilled Milk

Hot Cheese Pizza
Power-Up Peas & Carrots
Tossed Green Salad
Fresh Fruit
Frozen Strawberry Delight
Ice-Cold Milk or Water