



ZACHARY COMMUNITY SCHOOLS BREAKFAST & LUNCH MENU

MAY 1-5, 2023

MON

Eggy Egg Bites
Buttered Toast w/ Jelly
Fresh Fruit
Assorted Juice
Chilled Milk

Louisiana Jambalaya
Smothered Okra
Crunchy Carrots/Celery/Tom.
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

TUE

Strawberry &
Cream Cheese Boli
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Glazed Carrot Coins
Fresh Tossed Salad
Chilled Fruit
Fluffy Roll
Ice-Cold Milk or Water

WED

Breakfast Croissan'wich
Fresh Fruit
Assorted Juice
Chilled Milk

Oven Baked Chicken
Roasted Red Potatoes
Delicious Green Beans
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

THUR

Homemade
Cinnamon Rolls
Savory Sausage
Fresh Fruit
Assorted Juice
Chilled Milk

Pepperoni Pizza w/ Marinara
Power-Up Peas & Carrots
Cool Cucumbers/Tomatoes
Frozen Fruit Dessert
Ice-Cold Milk or Water

FRI

Chicken & Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Happy Cinco de Mayo!
Pulled Pork Tacos
Fiesta Salad Cup
Spanish Rice
Sweet Corn
Chilled Fruit
Ice-Cold Milk or Water

*All menus are subject to change