



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU

MAY 8-12, 2023

MON

Yummy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Red Beans & Sausage with
Fluffy Rice
Seasoned Greens
Mashed Sweet Potatoes
Cornbread Muffin
Fresh Fruit
Ice-Cold Milk or Water

TUE

Cheesy Grits
Buttered Toast w/ Jelly
Fresh Fruit
Assorted Juice
Chilled Milk

Beefy Nachos
Tossed Salad Cup
Fiesta Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Breakfast Chicken Biscuit
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Chicken
Sandwich
Baked Seasoned Fries
Fresh Salad Cup
Chilled Fruit
Ice-Cold Milk or Water

THUR

Fluffy French Toast Sticks
Fresh Fruit
Assorted Juice
Chilled Milk

Spirally Spaghetti
Seasoned Mixed Veggies
Crunchy Carrots/Broccoli
Fresh Fruit
Garlic Knots
Ice-Cold Milk or Water

FRI

Brown Sugar & Cinnamon
Oatmeal
Savory Sausage Patties
Fresh Fruit
Assorted Juice
Chilled Milk

Backyard BBQ Burger
Crunchy Baked Tots
Tossed Salad
Seasoned Mixed Veggies
Fresh Fruit
Ice-Cold Milk or Water

*All menus are subject to change