

\*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS  
**BREAKFAST & LUNCH MENU**  
NOVEMBER 11-15, 2024

**MON**

Breakfast Bun  
Fruity Yogurt  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Crispy Chicken Nuggets  
Cheesy Macaroni  
Italian Blend Veggies  
Fresh Fruit  
Warm Roll  
Ice-Cold Milk or Water

**TUE**

Cinnamon Swirl Oatmeal  
Savory Turkey Sausage  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Beefy Tacos & Salsa  
Tossed Lettuce & Tomatoes  
Mexicali Corn  
Fresh Fruit  
Ice-Cold Milk or Water

**WED**

Fluffy French Toast  
Warm Syrup  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Backyard BBQ Chicken  
Cheesy Broccoli  
Busy Baked Beans  
Honey Butter Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**THUR**

Pancake Sausage Sandwich  
Warm Syrup  
Cool Fresh Fruit  
Assorted Juice  
Chilled Milk

Rollin' Rotini & Meat Sauce  
Popeye's Spinach  
Super Smart Sweet Potatoes  
Garlic Butter Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**FRI**

Homemade Cinnamon Rolls  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Classic Hamburgers  
Seasoned Baked Fries  
Lettuce/Tomato/Pickle Cup  
Growing Green Beans  
Fresh Fruit  
Ice-Cold Milk or Water

\*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days