

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS BREAKFAST & LUNCH MENU

OCTOBER 28-NOVEMBER 1, 2024

MON

Silly Scrambled Eggs
Crispy Hasbrowns
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Red Beans & Rice & Sausage
Fresh Romaine Salad
Smart Sweet Potatoes
Warm Cornbread Muffin
Fresh Fruit
Ice-Cold Milk or Water

TUE

Classic Croissan'wich
Fresh Fruit
Assorted Juice
Chilled Milk

Crunchy Dill Nuggets
Cheesy Mac & Cheese
Broccoli & Cherry Tomatoes
Popeye's Spinach
Fresh Fruit
Ice-Cold Milk or Water

WED

Apple Cinnamon Texas
French Toast
Savory Turkey Sausage
Fresh Fruit
Assorted Juice
Chilled Milk

Homemade Meatloaf
Garlic Mashed Potatoes
Crazy Carrot Coins
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Crispy Chicken & Waffles
Warm Syrup
Fresh Fruit
Assorted Juice
Chilled Milk

Mega Meat Pizza
Cali Blend Veggies
Fresh Sliced Cucumbers
Fresh Fruit
Ice-Cold Milk or Water

FRI

White Gravy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Grilled Cheese
Homemade Veggie Soup
Crunchy Celery & Carrots
Seasonal Fruit
Ice-Cold Milk or Water

*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days