

\*All menus are subject to change



## ZACHARY COMMUNITY SCHOOLS BREAKFAST & LUNCH MENU

SEPTEMBER 09-13, 2024

**MON**

Berry Blast Muffin  
Fruity Yogurt  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Swirly Rotini Pastalaya  
Growing Green Beans  
Super Smart Sweet Potatoes  
Buttered Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**TUE**

Fluffy Pancakes  
Warm Syrup  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Beefy Nacho Day!  
Taco Salad Cup  
Creamy Refried Beans  
Fiesta Corn  
Fresh Fruit  
Ice-Cold Milk or Water

**WED**

Cheesy Grits  
Savory Turkey Sausage  
Cool Fruit  
Assorted Juice  
Chilled Milk

Cheesy Chicken Alfredo  
Brave Broccoli  
Carrot Sticks & Ranch  
Honey Butter Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**THUR**

Mini Maple Waffles  
Warm Syrup  
Fresh Sliced Fruit  
Assorted Juice  
Chilled Milk

Pepperoni Rippers/Marinara  
Fresh Romaine Salad  
Totally Turnip Greens  
Fresh Fruit  
Ice-Cold Milk or Water

**FRI**

Buttered Toast & Jelly  
Silly Scrambled Eggs  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Classic Corn Dogs  
Oven Baked Tots  
Cali Blend Veggies  
Mighty Mixed Veggies  
Fresh Fruit  
Ice-Cold Milk or Water

\*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days