



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 19-23, 2022

MON

NO SCHOOL

NO SCHOOL

TUE

Homemade Grits
Cheesy Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Mexi Melts/Tacos
Spanish Rice
Sweet Corn
Fajita Salad Cup
Fresh Fruit
Ice-Cold Milk or Water

WED

Mini Eggo Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Brunch for Lunch:
Chicken & Waffles
Crispy Hashbrowns
Crunchy Carrots & Ranch
Fresh Fruit
Ice-Cold Milk or Water

THUR

Southwestern-Style
Breakfast Burrito
Crispy Hashbrowns
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Lasagna
Creamed Spinach
Tossed Salad
Fresh Fruit
Garlic Knots
Ice-Cold Milk or Water

FRI

Z-Griddle Pancake
Sausage Sandwich
Fresh Fruit
Assorted Juice
Chilled Milk

Classic Chili Cheese Dogs
Tasty Tater Tots
Bold Baked Beans
Fresh Fruit
Ice-Cold Milk or Water