



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 5-9, 2022

MON

**LABOR DAY
NO SCHOOL**

**LABOR DAY
NO SCHOOL**

TUE

Very Berry Muffins
Fruity Yogurt
Fresh Fruit
Assorted Juice
Chilled Milk

Taco Tuesday!
Fiesta Fixin's
Ranchero Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Breakfast Croissan'wich
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Seasoned Winter Blend
Tossed Salad
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

THUR

Warm Cinnamon Rolls
Fresh Fruit
Assorted Juice
Chilled Milk

Herbed Baked Chicken
Roasted Red Potatoes
Seasoned Green Beans
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

FRI

Chicken and Waffles
Fresh Fruit
Assorted Juice
Chilled Milk

Classic Corn Dogs
Baked French Fries
Cucumber & Tomato Salad
Fresh Fruit
Ice-Cold Milk or Water