



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 11-15, 2023

MON

Yummy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Chicken & Sausage Rotini
Pastalaya
Seasoned Green Beans
Candied Yams
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

TUE

Strawberry &
Cream Cheese Pastry
Fresh Fruit
Assorted Juice
Chilled Milk

Beefy Nachos & Salsa
Tossed Lettuce Cup
Sweet Fiesta Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Sausage, Egg, & Cheese
Big Bite
Fresh Fruit
Assorted Juice
Chilled Milk

Popcorn Chicken (Elem./Midd)
**Asian Chicken Potstickers
(High Schol)**
Veggie Fried Rice
Steamed Broccoli
Fresh Fruit
Ice-Cold Milk or Water

THUR

Fluffy French Toast Sticks
Warm Syrup
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Smothered Cabbage
Glazed Carrot Coins
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

FRI

Funny Eggoji Waffles
Savory Sausage Links
Fresh Fruit
Assorted Juice
Chilled Milk

Classic Corn Dogs
Crispy Tots
Winter Blend Veggies
Muffin Top Cookie
Fresh Fruit
Ice-Cold Milk or Water

*All menus are subject to change