

*All menus are subject to change



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
SEPTEMBER 30-OCTOBER 04, 2024

MON

Silly Scrambled Eggs
Crispy Hasbrowns
Fresh Sliced Fruit
Assorted Juice
Chilled Milk

Red Beans & Rice & Sausage
Fresh Romaine Salad
Smart Sweet Potatoes
Warm Cornbread Muffin
Fresh Fruit
Ice-Cold Milk or Water

TUE

Classic Croissan'wich
Fresh Fruit
Assorted Juice
Chilled Milk

Crunchy Chicken Tenders
Cheesy Mac & Cheese
Beaming Broccoli
Mighty Mixed Veggies
Chocolate Chip Cookie
Fresh Fruit
Ice-Cold Milk or Water

WED

Apple Cinnamon Texas
French Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Homemade Meatloaf
Garlic Mashed Potatoes
Crazy Carrot Coins
Warm Roll
Fresh Fruit
Ice-Cold Milk or Water

THUR

Crispy Chicken & Waffles
Warm Syrup
Fresh Fruit
Assorted Juice
Chilled Milk

Mega Meat Pizza
Cali Blend Veggies
Cool Sliced Cucumbers
Fresh Fruit
Ice-Cold Milk or Water

FRI

White Gravy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Crispy Grilled Cheese
Homemade Vegetable Soup
Crunchy Celery & Carrots
Seasonal Fruit
Ice-Cold Milk or Water

*Salads & Parfaits are offered at CME, NMS, & ZHS on Select Days