



ZACHARY COMMUNITY SCHOOLS  
**BREAKFAST & LUNCH MENU**  
SEPTEMBER 4-8, 2023

**MON**      **LABOR DAY**

**LABOR DAY**

**TUE**

Glazed Donut Holes  
Fruity Yogurt  
Fresh Apples  
Assorted Juice  
Chilled Milk

Cheesy Quesadilla/Salsa or  
Manager's Choice  
Fresh Tossed Salad  
Fiesta Corn  
Fresh Fruit  
Ice-Cold Milk or Water

**WED**

Chicken Sausage  
Breakfast Biscuit Sandwich  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Crispy Chicken Tenders  
Creamy Mac-n-Cheese  
Steamed Broccoli  
Baby Carrots/Ranch  
Fresh Fruit  
Ice-Cold Milk or Water

**THUR**

Warm Blueberry Muffins  
Fresh Mixed Fruit  
Assorted Juice  
Chilled Milk

Savory Salisbury Steak  
Fluffy Rice  
Cali Blend Veggies  
Seasoned Green Beans  
Warm Roll  
Fresh Fruit  
Ice-Cold Milk or Water

**FRI**

Fluffy Pancake Minis  
Savory Sausage Patties  
Fresh Fruit  
Assorted Juice  
Chilled Milk

Silly Sloppy Joes  
Oven Baked Fries  
Busy Baked Beans  
Cool Cucumbers & Tomatoes  
Fresh Fruits  
Ice-Cold Milk or Water

\*All menus are subject to change