



ZACHARY COMMUNITY SCHOOLS
BREAKFAST & LUNCH MENU
DECEMBER 5-9, 2022

MON

Yummy Breakfast Pizza
Fresh Fruit
Assorted Juice
Chilled Milk

Chicken & Sausage
Gumbo w/ Fluffy Rice
Smothered Okra
Potato Salad
Fresh Fruit
Ice-Cold Milk or Water

TUE

Fluffy French Toast Sticks
Fresh Fruit
Assorted Juice
Chilled Milk

Beefy Tacos
Fiesta Fixin's
Ranchero Beans
Sweet Corn
Fresh Fruit
Ice-Cold Milk or Water

WED

Breakfast Croissan'wich
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Beef-a-Roni
Winter Blend Veggies
Fresh Tossed Salad
Chilled Fruit
Italian Roll
Ice-Cold Milk or Water

Christmas Meal

THUR

Warm Muffins
Fruity Yogurt
Fresh Fruit
Assorted Juice
Chilled Milk

Turkey Roast w/ Gravy
Rice Dressing
Seasoned Green Beans
Sweet Potato Crunch
Fresh Fruit
Fluffy Roll
Ice-Cold Milk or Water

FRI

Ham & Cheese
Eggstravaganza
Buttered Toast
Fresh Fruit
Assorted Juice
Chilled Milk

Cheesy Pizza w/ Marinara
Power-Up Peas & Carrots
Tossed Salad
Fresh Fruit
Frozen Strawberry Delight
Ice-Cold Milk or Water